

Heidelberg Catechism Q&A90 – You Need to Live as A New Man

Brothers and Sisters in Jesus Christ: You learned that conversion (sometimes called repentance in the generic sense of the word) is marked by:

1. The **dying away of the old man**
2. The **coming to life of the new man.**

You have heard the details of the **dying away of the old man** before, so today you will hear from God about the details about the **coming to life of the new man.**

Our headings are:

What does living as a new man look like

What are the results of living as a new man

What happens to those who reject living as a new man,

Our goals are: That **with the joy that God give you, you will begin to bloom as a true branch that has life from the Vine 葡萄树** – Jesus Christ.

90 Q. WHAT IS THE COMING-TO-LIFE OF THE NEW SELF? A. It is **wholehearted joy** in God through Christ and **a delight to do** every kind of good as God wants us to.

What does living as a new man look like

1. God demands that you not only die to your old self but that you live a new life in faithful obedience. The new lifestyle replaces the old lifestyle.

Romans 6:1 What shall we say then? Shall we continue in sin that grace may abound? 2 Certainly not! How **shall we who died to sin live any longer in it?**

If the old life simply died and nothing replaced it, what use is that? The old life must be replaced.

2. How can a new lifestyle take the place of vibrant 生机勃勃 old lifestyle. The old life **has to die** and **yield to the new life.** That old life, characterized by sin, must be pushed back and killed. The new life must arise and conquer. This is a lifelong battle. If you forget this, you will be disappointed and frustrated.

Romans 6: 10 For the death that He died, He died to sin once for all; but the life that He lives, He lives to God. 11 Likewise you also, **reckon yourselves to be dead indeed to sin 向罪算是死的, but alive to God** in Christ Jesus our Lord.

“Reckon” means “to calculate or compute.” So prove that you are dead to sin! Prove you are alive to obedience! Prove it by fighting.

3. To better understand this coming of the new life, let us consider some examples of instructions.

a. Apostle Paul addressed this coming to life issue when he dealt with the church in Colosse.

Colossians 3: 12 Therefore, as the elect of God, holy and beloved, **put on tender mercies, kindness, humility, meekness, longsuffering 就要存怜悯的心肠, 恩慈, 谦卑, 温柔和忍耐.** 13 **bearing with one another, and forgiving one another,** if anyone has a complaint against another; even as Christ forgave you, so you also

must do. 14 But above all these things **put on love, which is the bond of perfection.** 15 **And let the peace of God rule in your hearts,** to which also you were called in one body; and be thankful. 16 **Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs,** singing with grace in your hearts to the Lord. 17 And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God the Father through Him.

Obviously the Colossians did not perfectly obey immediately when they were regenerated, but they started to show these characteristics.

In your context today, to show that you have new life, when you meet someone, you will not only talk about his job and his promotion, but you will talk about a new valuable book you are reading...or how you witnessed God's mercy this week. Surely it is okay to talk about a new video game or the I-phone 5S, but it must never be at the cost of talking about something that is more needful...spiritual things...edifying things...things that show love...things that reflect your position in Jesus Christ.

b. Joel showed how new life was characterized by pure worship – not pretense or religious talk.

Joel 2: 13 So rend your heart, and not your garments **你们要撕裂你们的心肠, 不要撕裂你们的衣服**, Return to the LORD your God, For He is gracious and merciful, Slow to anger, and of great kindness; And He relents from doing harm.

Today, most Canadians have religious talk, which is the “garment” they offer, but how many have new life – in their heart and show it by worship and obedience?

c. John the Baptist taught the need to show new life. He approached in terms of bearing fruit—fruits of repentance.

Matthew 3:8 "Therefore **bear fruits** worthy of repentance,

John told the one who stole to stop stealing...and the one who broke the Sabbath to use it properly. His point was that conversion shows – it shows positively – and **life flourishes** **蓬勃**. Have sorrow for sins? Yes. Have joy in obedience? Yes. These 3 passages show that no area of life is exempted from showing conversion.

4. Consider illustrations from the Bible and history of those who truly repented and showed that new life by their good life – examples by illustrations. Instructions are great, but examples are greater teachers!

a. Manasseh, the horrible son of Hezekiah, truly repented and changed his perverted **歪曲** lifestyle after God brought him back from Babylonian captivity.

2Chronicles 33:12 Now when he was in affliction, he implored the LORD his God, and **humbled himself greatly** before the God of his fathers, 13 and **prayed to Him**; and He received his entreaty, heard his supplication, and brought him back to Jerusalem into his kingdom. Then **Manasseh knew that the LORD** was God.

It doesn't matter how sinful a man may have been before, when that old nature is killed and when the new life takes over, good fruits grow.

b. The Ethiopian Eunuch 太监 was truly converted and showed it by returning to Ethiopia and evangelizing the entire nation. Acts 8 and history. No one thought much of the "scorched face" man, but he showed new life by having many, many spiritual children.

c. An amazing example is John Newton (1725-1807) who wrote *Faith's Review and Expectation* which we now call *Amazing Grace*. What a rotten young man he was – slave trader and all, and yet, when he was converted, his life was characterized by an amazing devotion to the Lord. He eventually joined the anti-slave trade movement.

5. While you are commanded to have a new life, you must not forget it is God who works in you to fight sin and give you joy. God is the source and means of the killing of the old self and the coming to life of the new.

Philippians 2:12 Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling; 13 for it is God **who works in you both to will and to do** for His good pleasure.

This is why there is no room for self 自我 in salvation. You have to give credit to the one who moved you to die to your old self and live for Christ.

Isaiah 57: 15 For thus says the High and Lofty One Who inhabits eternity, whose name is Holy: "I dwell in the high and holy place, With him who has a contrite and humble spirit, To revive the spirit of the humble, And **to revive the heart of the contrite ones** 也使痛悔人的心苏醒

Isaiah stated the same thing: God gives life to the man whose heart has stopped. But God's work is not like the simple work of an emergency room doctor who resuscitates a man's heart – which still eventually dies. God's revives the heart to live forever.

Galatians 2:20 "I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh **I live by faith in the Son** of God, who loved me and gave Himself for me.

This passage in Galatians points to the means through whom God gives new life – his Son. So when you have spiritual successes...and you kill the old man by repenting and changing...and when you live a new life for Christ's glory and man's good, remember that you are only able to do these good works because Christ is working in you. Don't take the credit for any good you do. Give praise to the Lord.

What are the results of living as a new man?

1. You have joy in Christ when you are converted. The New Testament spoke of this joy that comes from your salvation.

Romans 14: 17 for the kingdom of God is not eating and drinking, but righteousness and peace and joy in the Holy Spirit.

This is a joy that none can take away and it is a joy that will stay with you until heaven. Yes, you will have struggles in life, you will get sick, you might lose your job, you might not be rich, but you will have the joy of your salvation.

You are not the frozen chosen. You are the cheerful children of Christ your comfort.

2. Consider the example of King David, after he repented of his sins. David recounted how he lost the joy of living as a convert to Jesus Christ – that joy that God had given to him. The context is negative, but the lesson isn't.

Psalms 51:8 **Make me hear joy and gladness**, That the bones You have broken may rejoice. **12 Restore to me the joy** of Your salvation, And uphold me by Your generous Spirit.

Isn't this also an incredible thing...that though you might lose the joy from time to time...it is always available for reclaim from your heavenly Father?

What happens to those who reject living as a new man?

1. Clearly there some who reject this command to repent and be converted. They chose to live for themselves apart from God and God's people, or they live as hypocrites 伪君子 in the church – choosing to serve God by outward actions but not from the heart. These have always been around! They will not get this joy. What will they get?

2. Those who reject the call to die to themselves and live for the glory of Jesus Christ will face the full force of God's judgment.

2Kings 17:13 Yet the LORD testified against Israel and against Judah, by all of His prophets, every seer, saying, "**Turn from your evil ways**, and keep My commandments and My statutes, according to all the law which I commanded your fathers, and which I sent to you by My servants the prophets." 14 Nevertheless they would not hear, but stiffened their necks 反而硬着自己的颈项, like the necks of their fathers, who did not believe in the LORD their God.

Proverbs 29:1 He who is often rebuked, and hardens his neck, Will suddenly be destroyed, and that without remedy.

Those who stiffen their necks against God, God would break their necks like the stubborn animal in the Old Testament. There is not greater motivation to repent than to threaten with eternal death!

Conclusion:

Brothers and Sisters in Jesus Christ:

1. You are saved by grace, through faith, and not of yourselves. If you were saved by yourself you would boast about it. But you can't, because you weren't 你不能因你还不是

2. You have to show that you were saved by grace through faith. You show that by changing your life - in your walk, in your talk, and in your thought. 2Corinthians 5:17 Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new. You must show Jesus Christ that you are saved and

you must show your neighbors that you are saved. There are no secret Christians. “Secret Christians” are a contradiction. Repentance and conversion are visible and demonstrable.

3. **But do not forget that you are only able to die to sin, and live to righteousness (repent) as God’s Spirit works in you** – the covenant child of Jesus Christ. When you chose to die it is because God has worked that desire in you. So praise him for that.

4. **If you refused to die to sin and live for Christ**, it means you haven’t been changed in your heart; you are not regenerated 未重生 and you need to be. Ask God to make you his child. Remember, it doesn’t matter if you are a member of a Christian church – if you don’t repent – you are NOT converted. So ask God for his salvation.

Finally, if you are a stranger who is an unrepentant sinner to God, he can change you from a sinner to a saint. He will take and clean you. He will give you a new name, and new heart, a new record, and a new life – a life which you can and must live to bring glory to the one who saved you.